



POSITIONING, PROMOTING AND SUPPORTING

PARA COACHING CAREER PATHWAYS

Sport coaches are now recognised at the highest level of European Sport Policy as performing a central role in achieving important sporting and societal outcomes. Yet the education, learning and development of para coaches is often neglected due to a fragmented support structure.

The Para-Disability Coach Education and Learning Project (ParaCoach) is EU funded by Erasmus Plus to enhance sport coaches' learning, mobility and employment through the development of:

- **ParaCoach Work Force Audit**
– profiling the coach, athlete and contextual requirements
- **Best Practice Case Studies** –
exploring coaches' experiences and perceptions of 'best practice'
- **European ParaCoach Framework**
– a set of working guidelines around key subjects required to support coach education and development
- **Free Massive Open Online Course (MOOC)** – a web-based resource to support coaches' learning, professional development and employability
- **ParaCoach website** – a central online base where coaches, coach developers and agencies can share and access best practice





COACHING DEVELOPMENT

Researchers from Liverpool John Moores University and project partners need your support as frontline para coaches, coach developers and sporting agencies, to help us explore and positively impact the European para coach landscape.

You can support this project by:

- Promoting the project throughout your networks
- Encouraging para coaches to complete the online survey at <https://ljmu.onlinesurveys.ac.uk/erasmus-plus-paracoach> and also volunteer for follow up interviews
- Identifying best practice case studies relating to para coaching practice and coach development
- Providing feedback on the European ParaCoach Framework and online course
- Sign posting us to para sport-specific agencies, policies, educational frameworks, workshops and conferences, coaching practices, sport science knowledge, blogs, vlogs or videos that promote best practice in this context
- Attending ParaCoach events and inviting us to para sport-specific workshops
- Connecting with us through social media @para_coaching and our website

We look forward to sharing this journey with you in ensuring that para coaches receive the recognition and support needed to flourish along the sport pathway. We believe ParaCoach will increase both the number of high quality sporting opportunities and performers with impairment realising their sporting ambitions.



Tabo Huntley – Project Director
Senior Lecturer
E: T.D.Huntley@ljmu.ac.uk
T: +44 (0) 7980 769 969

Dr Amy Whitehead – Assistant Project Director
Programme Leader
E: A.E.Whitehead@ljmu.ac.uk

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